

Making work, work better

The hidden factors shaping
worker wellbeing

Over the past decade, the number of workers compensation
claims for mental health conditions has increased by 169.4%
- the largest of any major nature of injury group.⁴

Duration and cost of mental health claims⁴



34.8 working
weeks

compared with 7.4 weeks across all serious
injury claims.



\$68,600

compared with approximately \$16,300
across all serious injury claims.



2 in 5
workers

have taken at least a day off in the past year due to their
mental health.³

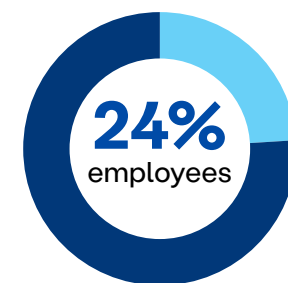
Only 25%

had told their employer why.³

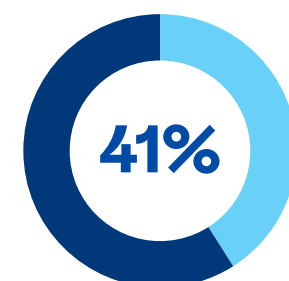


75% of workers report at least one poor job
quality dimension.²

Awareness of psychosocial hazards are varied



had previously heard the term
“psychosocial hazard”.³



of managers and leaders were unaware
of employers' legal duty to identify and
manage psychosocial risks.³

Mental health is influencing worker career choices

 **34%**

of workers have **left a job** because of its impact on their
mental health.³

 **25%**

of workers have **seriously considered leaving** their
current role.³

 **46%**

of workers would **accept a pay cut** for a job that is genuinely
better for their mental health.³

 **29%**

of workers said they would be **likely to lodge a workers
compensation claim** if work seriously harmed their mental health.³

How businesses are responding

58% of managers expect investment in mental health to remain
unchanged over the coming year.³



To explore this topic in greater depth, including
referenced sources and practical resources,
[click here](#) and **turn this year's findings into action.**