

Resilient Site Toolbox Talks

Safer sites start with better conversations

Resilient Site Toolbox Talks, provides a tailored mental health resource designed for worksites. Suitable across **building, civil works, infrastructure, mining, trades, demolition, and maintenance**, this evidence based toolkit provides practical, ready-to-use support to help frontline leaders confidently identify and address psychosocial hazards through everyday site conversations.

Practical, evidence-based solution:

- 

Prevent Injury Proactively supports mental health and wellbeing to prevent injury
- 

Safety Culture Increased awareness of psychosocial risks which fosters an open and supportive culture
- 

WHS obligation Demonstrates action to minimise psychosocial risk in line with evolving WHS legislation
- 

Improve productivity Improves overall workplace productivity and safety outcomes

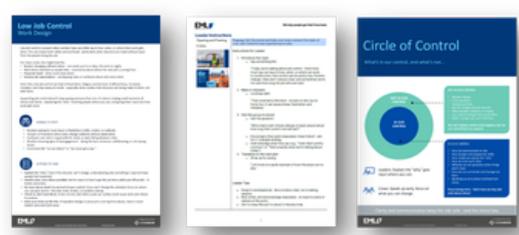
What's included:

The **Resilient Site Toolbox Talks** include eight practical, ready to use sessions, each focused on a key psychosocial risk, specifically designed for construction environments. Each session includes facilitator guides, topic cards, real world scenarios, and short interactive activities, making it easy to lead meaningful, engaging discussions on site.

Toolkit Talks include:

- Low Job Control
- Unachievable Job Demands
- Inadequate Reward and Recognition
- Poor Workplace Relationships
- Bullying, Harassment and Aggression
- Poor Physical Environment
- Remote or Isolated Work Environment
- Traumatic Events

Execution in action:



Example content

“

At MATES, we know that mental health is a workplace safety issue in construction, and preventing harm starts with practical, on-site conversations about the psychosocial risks our workers face every day. Programs like these not only help reduce risk, they increase awareness of the support available, including the 24/7 MATES Helpline for construction workers and their families.

Brad Parker,
CEO MATES in Construction NSW



How to access these resources

Resilient Sites Toolbox Talks are available free to EML customers via **EMlearning** – EML’s trusted online training platform.

New to EMlearning? Registering is quick and easy, and you’ll gain immediate access to these and a wide range of other learning modules and resources.



Scan the QR code
to visit EMlearning

Built on experience and expertise

Developed in consultation with transitional change experts **Lysander**, with insights from partners **MATES in Construction**, the toolkit responds to the real and evolving pressures faced across the construction sector.



The benefits of being an EML customer

EML customers can access the Resilient Site Toolbox Talks **at no cost** because this service is 100% funded through our **Mutual Benefits Program**.

Visit our website today
to explore more:



Employers Mutual Limited (ABN 67 000 006 486) is a mutual company owned by its members. The Mutual Benefits Program is funded by Employers Mutual Limited. Employers Mutual Limited is proudly part of the EML Group.

This has been prepared for general information only. It has not been prepared for any person’s individual circumstances and is not intended to be legal, medical or workplace health and safety advice. Our full disclaimer can be found here: eml.com.au/disclaimer

EML26/141

We help people get their lives back.