

# Safety is everyone's responsibility

## Take 5 to protect yourself and your teammates



Before you begin a task,  
during a task and  
After a task

### 1. Stop

Engage your mind before your hands.

### 2. Think

Consider the task.

### 3. Look

Look for existing and potential hazards,  
and assess their risk levels.

### 4. Choose

Choose the most effective way to  
remove or reduce risks.

### 5. Act

Make the changes to do the job safely  
and keep a look out for changes.

## Why take 5?

This quick and informal risk assessment  
helps you to:

- identify hazards step by step
- prevent incidents and injuries
- take control and stay involved in your own safety.

For more Workplace  
Health & Safety tools  
and information visit  
[eml.com.au/resources](http://eml.com.au/resources)

