

# Psychosocial awareness



## What is a psychosocial risk?

A psychosocial hazard at work refers to any occupational issue that could cause psychological harm. Examples of this can include:

- Workplace conflict
- Issues with job demands or support
- Bullying and harassment
- Violence and aggression, or traumatic events.

## How can I help?

Report the risk in your workplace.

Learn more about [psychosocial risks and resources](#) by scanning the QR code

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