EML
MUTUAL SINCE 1910

Education

Increase return to work rates and reduce recurrence rates by encouraging a greater understanding of the workers compensation system, including the worker's role, rights and responsibilities throughout a claim

- Exercise
- Lifting equipment
- **Education**
- Return to work Management
- Workplace Environment

Target Audience

Providing early education to managers (pre-claim), helps them to effectively support injured workers to:

- confidently navigate the process (through to post-injury/claim)
- understand their rights and responsibilities.

Benefits

Workers who understand their rights and responsibilities are empowered to direct their own recovery.

Understanding the claims process and what is expected of them, makes for a more positive experience for both managers and injured workers.

Considerations

Injured workers may have difficulties navigating the workers compensation system and require extra support.

In-person or online training options may be available.

What appropriate digital and/or physical resources can be provided to embed learnings.

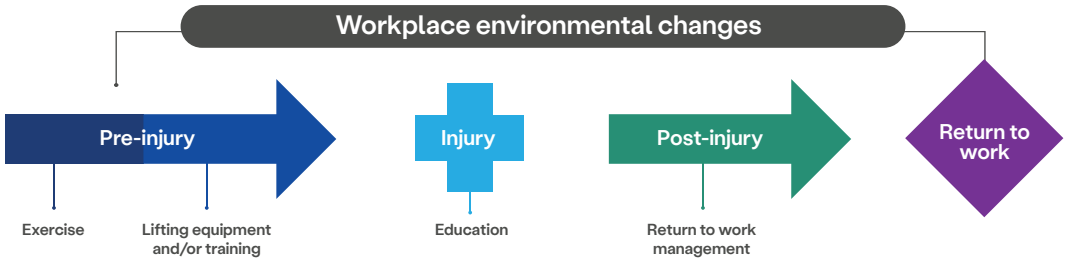
Examples

Current workers compensation systems and processes.

Upfront and ongoing support for managers and workers.

Ongoing communication regarding progress.

Returning to work and in what capacity.



This information sheet outlines one of the five key actions recommended by the Interventions to Support the Return to Work or Recovery at Work of Older Healthcare Workers Study conducted by Monash University and funded by EML's **Mutual Benefits Program.**

More information and resources to support you and your workers are available through: eml.com.au/resources/ageing-workforce

Please note that this material is general information only. It does not take anyone's particular circumstances into account. It is not medical, legal or financial advice.