

EMlearning 2025 Catalogue

Self-Paced e-Learning Courses

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WORKERS COMPENSATION

- Injury Management and Prevention
- Injury Management and Prevention for Leaders
- Return to Work Coordination
 - Part 1 (Creating the Right Culture)
 - Part 2 (NSW Legislation)
 - Part 3 (The RTW Process)
- NSW Weekly Benefits
- NSW Workers Compensation Essentials
- SA Income Support
- SA Workers Compensation Essentials
- VIC Weekly Benefits
- VIC Workers Compensation Essentials



HEALTH, SAFETY AND WELLBEING

- (Mis)behave with Dave
- Armed Robbery Safety
- Bullying and Harassment in the Workplace – for Workers
- Bullying and Harassment in the Workplace – for Leaders
- Conflict Resolution in the Workplace
- Contractor Induction
- COVID-19 Safety at work
- Duty of Care for Leaders
- Duty of Care for Workers
- Fatigue Management
- First Appointment Videos
- General Hygiene and Infection Control
- Introduction to Health and Safety in the workplace
- Keeping Workers Safe when Working from Home
- Managing Manual Tasks
- Managing Risk in the Workplace for Leaders
- Managing Risk in the Workplace
- Preparing for and Managing Occupational Violence and Aggression
 - in Aged Care
 - in Health Care
 - in Retail



MENTAL HEALTH

- Approaching an Employee You Are Concerned About
- Introduction to Psychological Resilience
- Managing Psychological Conditions in the Workplace
- Risk Management of Psychosocial Hazards
- Sexual Harassment



The Mutual Benefits Program is funded by Employers Mutual Limited. Employers Mutual Limited is proudly part of the EML Group.

WORKERS COMPENSATION



Courses	Description
Injury Management and Prevention	Prevent workplace injury through the understanding of applicable state and national legislation, worker obligations and what to do if a worker is injured.
Injury Management and Prevention For Leaders	Understand leadership responsibilities in preventing workplace injury including worker rights and responsibilities, legislation that is applicable and what to do if a worker is injured.
NSW Weekly Benefits	Developed for Return to Work Coordinators, Workers Compensation Managers, Payroll Managers and any others that are involved in managing workers compensation claims under the NSW Workers Compensation Scheme. Activities including; the calculation of pre-injury average weekly earnings, the payment of weekly benefits to injured workers, and the reimbursement of employers for weekly benefit payments they have made.
NSW Workers Compensation Essentials	This course aims to offer a comprehensive overview of the NSW workers compensation scheme. It covers how the scheme functions, its stakeholders, funding, responding to workplace injuries, paying benefits, facilitating the return to work, and overseeing medical treatment and rehabilitation services for injured workers.
Return to Work Coordination – Part 1 (Creating the Right Culture)	This is the first part in a series of three courses designed to inform (non state specific) Return to Work Coordinators about their roles and responsibilities in supporting injured workers return to work and recover from a workplace injury.
Return to Work Coordination - Part 2 (NSW Legislation)	This is the second part in a series of three courses designed to inform NSW Return to Work Coordinators about their roles and responsibilities in supporting injured workers return to work and recover from a workplace injury.
Return to Work Coordination - Part 3 (The RTW Process)	This is the third part in a series of three courses designed to inform (non state specific) Return to Work Coordinators about their roles and responsibilities in supporting injured workers return to work and recover from a workplace injury.
SA Income Support	Developed for Return to Work Coordinators, Workers Compensation Managers, Payroll Managers, and any others that are involved in managing workers compensation claims under the SA workers compensation scheme. Activities including; the calculation of average weekly earnings, the payment of income support to injured workers, and the reimbursement to employers for income support payments they have made.
SA Workers Compensation Essentials	This course aims to provide an overview of the SA workers compensation scheme, how it operates, the stakeholders involved, how it is funded, the process for responding to workplace injuries, paying income support benefits, supporting the worker's return to work and managing medical treatment and rehabilitation services.
VIC Weekly Benefits	Developed for Return to Work Coordinators, Workers Compensation Managers, Payroll Managers and any others that are involved in managing workers compensation claims under the Victorian workers compensation scheme. Activities including; the calculation of pre-injury average weekly earnings, the payment of weekly benefits to injured workers, and the reimbursement to employers for weekly compensation payments they have made.
VIC Workers Compensation Essentials	This course aims to provide an overview of the VIC workers compensation scheme, how it operates, the stakeholders involved, how it is funded, the process for responding to workplace injuries, paying weekly benefits, supporting the worker's return to work, and managing medical treatment and rehabilitation services.



Courses	Description
(Mis)behave with Dave	This course consists of a series of entertaining and informative videos and resources to help managers and supervisors gain an understanding of workplace culture and what can be done to reduce the risk of mental injury in the workplace.
Armed Robbery Safety	This course delves into recognising warning signs of a robbery, emergency and security procedures, and the correct protocols for reporting incidents.
Bullying and Harassment in the Workplace - for Workers	This course provides a comprehensive overview of workplace bullying and harassment. It covers applicable national legislation including workers compensation legislation, types and forms, impacts and opportunities for prevention.
Bullying and Harassment in the Workplace - for Leaders	This course is for leaders and provides a comprehensive overview of workplace bullying and harassment. It covers legislation, types and forms, impacts and opportunities for prevention.
Conflict Resolution in the Workplace	This course delves into conflict triggers, risk assessment, strategic approaches, and the importance of effective communication. By engaging in this course, participants will gain practical insights into managing conflict situations and fostering a more harmonious and communicative workplace.
Contractor Induction	This course is designed to offer learners a fundamental understanding of health and safety requirements in the workplace. This course allows participants to gain crucial knowledge to navigate and implement essential safety measures, fostering a safer and more secure working environment.
COVID-19 Safety at work	This course has been developed to provide learners with an understanding of COVID-19 and how to remain safe in the workplace and prevent the spread of COVID-19.
Duty of Care for Leaders	This course offers essential insights into the responsibilities and obligations for a leader to support and drive a safe and healthy work environment.
Duty of Care for Workers	This course is geared towards enabling participants to identify hazards and risks while implementing and upholding safe work practices.
Fatigue Management	This course provides learners with an understanding of what fatigue is, the effect that fatigue has on employees in the workplace and how to manage fatigue in the workplace.
First Appointment Videos	Welcome to this three-part video series designed to assist injured workers in understanding what to anticipate during their initial appointments with a psychologist, psychiatrist, or exercise physiologist. These videos aim to mentally and physically prepare individuals for commencing treatment with these professionals.
General Hygiene and Infection Control	This course provides learners with an understanding of basic hygiene and how to prevent and control the spread of infection in the workplace.
Introduction to Health and Safety in the Workplace	This course provides participants with valuable insights into workplace risk mitigation, including understanding regulatory responsibilities and implementing effective safety tips and strategies.
Keeping Workers Safe when Working from Home	Suitable for Managers and Supervisors, this course is tailored to provide guidance in maintaining the well-being and safety of employees working from home.
Managing Manual Tasks	This course will increase worker awareness in understanding the importance of safe manual handling practices, risk reduction and what to do when reporting hazards in the workplace.
Managing Risk in the Workplace for Leaders	This course will provide leaders with the knowledge to confidently manage risk in the workplace, implement controls and legislative reporting responsibilities.

HEALTH, SAFETY AND WELLBEING



Courses	Description
Managing Risk in the Workplace	This course is suitable for workers and provides an overview of what risks should be considered within a workplace setting and emphasises your responsibility in reducing risks to foster a safer workplace environment.
Preparing for and Managing Occupational Violence and Aggression in Retail / in the Workplace / in Aged Care / in Health Care.	This training has been designed by registered psychologists. This training will provide the learner with additional strategies to utilise in preparation for, during, and after an aggressive interaction.
Privacy in Practice	This course is suitable for workers to understand your rights and responsibilities relevant to privacy in the workplace.
Work Health and Safety Harmonisation	This course is designed to give participants a basic understanding of the model WHS laws and the WHS harmonisation across Australia.
Workplace Drug and Alcohol Awareness	Acquire the knowledge needed to understand issues related to alcohol and drugs in the workplace, fostering a safer and healthier work environment for all.
Workplace Ergonomics	Tailored for both leaders and employees, this course provides insights into key ergonomic factors essential for maintaining a safe workplace environment.

MENTAL HEALTH



Courses	Description
Approaching an employee you are concerned about	Learners will be provided with essential knowledge to ensure appropriate approaches are taken to address and manage other employees mental health.
Introduction to Psychological Resilience	This course has been developed in collaboration with workplace mental health experts Mindarma to support organisations to protect and safely enhance the psychological resilience & wellbeing of their workers.
Managing Psychological Conditions in the Workplace	This course has been developed to provide the learner with an understanding of how to recognise and manage potential mental health issues in the workplace and provide the support needed to enable a safe and durable return to work.
Risk Management of Psychosocial Hazards	Participants in this course will gain the skills to accurately identify and address psychosocial hazards, along with methods to promote a safe and healthy workplace environment.
Sexual Harassment	Understand what is defined as sexual harassment in a workplace, what the impact of it is and strategies that will assist you to foster a safer work environment.



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we help people get their lives back

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