

Safety is everyone's responsibility

Take 5 to protect yourself and your teammates



Before you begin a task,
during a task and
After a task

1. Stop

Engage your mind before your hands.

2. Think

Consider the task.

3. Look

Look for existing and potential hazards, and assess their risk levels.

4. Choose

Choose the most effective way to remove or reduce risks.

5. Act

Make the changes to do the job safely and keep a look out for changes.

Why take 5?

This quick and informal risk assessment helps you to:

- identify hazards step by step
- prevent incidents and injuries
- take control and stay involved in your own safety.

For more Workplace Health & Safety tools and information visit eml.com.au/resources

