Experience the Sonder difference

Support that your people will actually use.

Our medically accredited team and technology gives employees and their families, 24/7 access to mental health support, medical advice and safety assistance through an easy to use app - resulting in usage rates 20x higher than traditional employee assistance programs (EAPs).



More than just mental health support

A complete care platform for your people

Medical advice

No more sleepless nights with practical advice from registered health professionals

Mental health support

Custom plans designed and delivered by psychologists, counsellors and social workers

Safety assistance

Proactive safety tools and a nationwide in-person response team for distressing events

72%

of all cases have two or more connected issues

Help more people, more often



Your front-line managers will thank you



reduction in management time lost

"Our CEO believes there's a shared responsibility on wellbeing. So I said yes, people are responsible, but we also have a responsibility to give them the tools to be able to support them – and what we're doing right now isn't enough.

Now, with Sonder, our people go direct as opposed to coming to me. It's so much easier."

Kate Mayers

National WHS Manager, Best & Less

Your people chat to us at 2am, not you



Ready to chat when your people are, no wait times





Allianz (II) Partners







Click to learn more





Sonder for people leaders

Get ahead of tomorrow's health, safety and wellbeing challenges, today.



With an average usage rate above 40%, the sheer volume of anonymised data we collect allows us to provide people leaders with detailed analysis, as well as relevant insights and trends.

In short, we give you the information you need to be confident to make the right decisions and ensure you're putting your effort in the right place.



Monthly reporting

Registration, engagement statistics and usage insights.



Quarterly business reviews

Engagement levels, case types and critical incidents, plus broader trends and product updates.



Self-serve dashboard

Real-time, anonymised health and wellbeing trends and patterns.*

*Only available for large enterprise customers

Help more people for less

One fixed price, all inclusive, no hidden costs

Our simple pricing model gives you the certainty you need to commit to long-term, effective health and wellbeing behaviours and outcomes for your organisation.

With no caps on support sessions you can drive maximum engagement and usage without the worry of hidden fees and unexpected monthly bills. "Sonder has been incredible for us and for a small cost the results are just incredible. And the feedback from the team is that they feel supported and cared for and our leaders say exactly the same thing."

Georgia Danos

State Safety, Health & Wellbeing Manager - VIC/TAS, Woolworths Group



