



pinnaclerehab

Health at Home is a program designed to offer support following an inpatient stay in hospital.



**Excellence & innovation
in injury management**

Using a caring and collaborative approach Pinnacle Rehab helps thousands of people each year



Your Journey



Health at Home

The aim of the program is to make sure that when you leave care, you have everything you need to stay well.

One of our experienced Allied Health Professionals will meet you in a place of your choosing to understand the goals of your discharge plan and develop a pathway with you to ensure that these goals are achievable.

Some examples of assistance could include:

- ✓ Liaison with treating professionals to arrange regular appointments
- ✓ Arranging scripts with the local pharmacy to ensure access to prescribed medication
- ✓ Activities of Daily Living assessment to see if any support is required
- ✓ Discussion with your treating specialist to see if there's any treatment or activities recommended for you to commence
- ✓ Assistance with NDIS or other welfare services paperwork
- ✓ Community integration and involvement
- ✓ Linking in with any local clubs or interest groups
- ✓ Arrangement of any home equipment that has been recommended following your discharge

Our consultant will meet with you weekly for the first four weeks following discharge to check in and see how you're going at home. We will also use those meetings to see how you are progressing with your discharge plan and help with any of the leg work required to arrange the recommended services or treatment activities.



If you have recently been discharged from an inpatient stay and think that this program might be right for you, please get in touch with one of our friendly staff to discuss how we can help.

Contact us
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